ABSTRACT OF THE DISCLOSURE

The inventive remote control method consists in opening a first communication session between a calling terminal and a centralised information system by means of a telecommunication network, transmitting the identifier of the calling terminal user to said centralised information system, the identifier of the information system being transmitted to a remote control by means of the telecommunication network, and in verifying said identifier with the aid of the centralised information system. In the case of the positive verification result, said method consists in transmitting an authorisation from the centralised information system to a remote control information system and in performing the authorised command thereby.